

Chapel Hill Zen Center Newsletter — Jan & Feb, 2022

<http://www.chzc.org>

Winter Practice Intensive February 13 - March 13

The dimension of self-enlightenment enlightening others is fully replete with the characteristics of realization, and causes the principle of realization to be actualized ceaselessly. Because of this, even if just one person sits zazen for a short time, this zazen is imperceptibly one with each and all myriad things, and completely permeates all time, so that within the limitless universe, throughout past, present and future, it performs the eternal and ceaseless work of guiding beings to enlightenment.

— from the Jijuyu Zammai by Dogen Zenji

I warmly invite you to join this four-week Zoom Practice Intensive, a time of more practice opportunities and sangha exchange. The ongoing Zoom zazen schedule will continue, Monday-Friday mornings 6:00–7:20, Monday and Friday afternoons at 1:00, Sunday mornings at 9:00. During the Practice Intensive there will be a Study Group on Tuesday nights from 6:45-8:00.

On Wednesday there will be one period of zazen at 7:00pm, followed by a Way-seeking Mind Talk at 7:40, using the Zoom link posted on the Richmond Zen website www.richmondzen.org/online-zendo. This will be a joint Practice Intensive for the Richmond Zen and Chapel Hill Zen Center sanghas. Everyone is welcome.

Participants are asked to **commit to the three Sunday morning “Teas”** held on Feb. 13, March 6, and 13, at 10:30 am after zazen. Zenki Kathleen Batson will give a Dharma Talk on Sunday morning, February 27, at 10:30, following Zoom zazen. Please fill out the form below, describing how you would like to participate in the Practice Intensive; i.e., what periods of zazen and on what days that you plan to attend, and if you plan to attend the Tuesday night Study Group, the Way-seeking Mind Talks, and the All-day Sitting, and note your participating in the Sunday Teas. This can be sent by e-mail to info@chzc.org, or mailed to P.O. Box 16302, Chapel Hill, NC 27516.

With palms together,

Josho

Name & Address

Phone _____ **Email** _____

Please describe how you would like to participate in the Practice Intensive below.